

INFP: (Introverted-iNtuitive-Feeling-Perceiving)

- Strong drive to understand people and help them find their way in the world.
- Original thinkers, quick to see possibilities in a situation.
- Introspective. Live in a rich inner world of thoughts, feelings, and ideas.
- Inward focus may lead to a rather 'absent-minded' association with the world around them.
- Are adaptable, flexible, and accepting unless a core value or belief is violated, at which point they will not budge.
- Have an uncommon depth of caring in areas of interest and an unusual capacity to make sacrifices for their strongest beliefs.
- Seek unity and harmony in their lives and are loyal and protective of home and family. Somewhat reclusive, INFPs may prefer that their mate run the household.
- Are deeply committed to the positive and good in people yet can be drawn to the 'dark side' in themselves as well as in others. However, it is not common for an INFP to act in a manner that would hurt anyone.
- Are big-picture processors and can globally embrace a truth about something or someone that proves to be inaccurate. Logic can be optional for INFPs. Part of the reason may be that INFPs are designed to focus more on possible meanings than on actual realities. The end result is a tendency to draw large conclusions from initial impressions. These impressions trigger assumptions of relevance that can sometimes trigger premature conclusions. The impression becomes reality and concrete data that does not fit with their conclusion is not noticed. INFPs are not stuck in their premature creations. When the actual reality of a situation registers they are usually able to acknowledge the error in perception. A good word for INFPs to have in their vocabulary when this happens is 'oops.'

- Work well alone and may be impatient with routine tasks.
- Have an unusual ability to role-reverse with others.¹ This ability makes INFPs exceptional one-on-one therapists, writers, and character actors.
- Can become apprehensive if they are too successful in a pursuit or goal. INFPs seem to fear that they will have to pay a heavy price for the recognition. Part of the reason may be that they have a strong need for privacy and down time and may fear they will lose it. Another possibility is a lack of trust that, if tempted, they will not abandon their core values and get carried away with being successful.
- May have difficulty finding an occupation with a depth of meaning they require to feel fulfilled. INFPs can be quite unhappy and down about life if they are unable to find their path in work.
- Can be moody, vacillating between moments of inspiration and moments of despair. It would not be unusual for an INFP to go through periods of feeling down and discouraged about how little human beings have learned about getting along with each other.
- INFP's natural vacillations can lead to predictable inconsistencies both at work and at home.

¹ It is not yet clear if the ability of INFPs to role-reverse with others goes beyond other NFs to include SJs, SPs, and NTs.